

## A Message From The President:

I am happy to let you know that our group has a strong team of officers to support our efforts for the upcoming term. We are looking forward to working together to make this year a success after the previous years with the pandemic and the difficulties in accomplishing things.

- President Karoll Wiater
- Vice President Paul Hesler
- Treasurer Stephen Hussey
- IT Technology George Millerd
- Communications Sandy Nesci
- Trip/Travel Coordinator TBD

I am hopeful that our events will entertain you and be of value to our membership. I'm looking forward to having good member participation at each event.

We are looking for a volunteer to help coordinate trip/travel events. Please contact me at (908) 868-9692 to discuss further.

I wish you and your families a very happy and healthy New Year!!

Karoll

# **December Holiday Luncheon**

The Holiday Luncheon that was held on December 6, 2024, was a good time for those in attendance. Joe Furey gave a very entertaining speech and brought back some memories about supporting NU during major storms.













#### **ARENU Connecticut Group Meeting Schedule:**

For 2024, the meeting schedule will be quarterly with a meetings held on the third Wednesday of the month with the exception of Q4 which will be the first Wednesday of the month. The meetings will begin at 10:30 a.m., location(s) to be determined.

- 1. Q1 2024 February 21, 2024
- 2. Q2 2024 May 15, 2024
- 3. Q3 2024 September 18,2024
- 4. Q4 2024 December 4, 2024

### **ARENU February Meeting:**

We are happy to announce that our first meeting for the year will be held on February 21, 2024

<u>Guest Speaker:</u> Kyla Shea, scientist at the USDA Human Nutrition research Center on Aging at Tufts University. She is also an Associate Professor at the Friedman of Nutrition Science and Policy at Tufts. Kyla, is the former NU/Eversource Fitness Center Manager.



Kyla will focus on nutrition and aging with the role of vitamins and supplements and any potential health benefits and impacts.

The following link will bring you to an article written by Kyla. This will give you some preliminary insight into her talk.

https://theconversation.com/vitamin-k-a-little-known-but-noteworthy-nutrient-152161



Please be sure to Save the Date for the 2024 ARENU Golf Tournament on Thursday, July 25,2024, on your calendar. We'd also like more women to join Debbie in our golfing contingent. Our tournament is for everyone!!

# **OBITUARIES**

Our sympathy to the family and friends of those listed below.

(For your information, we are now providing the company subsidiary associated with the retiree when it is available.)

<u>Name</u>	Date of Death	<u>Company</u>	Retirement Date
Terry Bulger	4/20/2023	CL&P	3/1/2002
Edward O'Brien	5/13/2023	PSNH	1/2/1992
Horace Palmer	6/19/2023	PSNH	9/17/1987
David Goddard	7/28/2023	CL&P	5/1/1989
David Diedrick	8/13/2023	Northeast Utilities	2/1/1994
Paul Whitcomb	8/21/2023	PSNH	9/2/1987
James Emhoff	8/22/2023	CL&P	11/1/1993
Virginia Fleming	8/24/2023	Northeast Utilities	12/1/2000
Frederick Gasior	8/27/2023	CL&P	6/1/1995
David Plante	8/27/2023	Yankee Gas	6/1/2014
Beverley Chichester	8/29/2023	Northeast Utilities	11/1/1993
Barbara Ek	9/1/2023	CL&P	2/1/1999
David Meigs	9/2/2023	CL&P	11/1/1992
David Parks	9/2/2023	CL&P	7/1/2012
Rollyn Hatch	9/4/2023	Northeast Utilities	10/1/1989
Kenneth Pepper	9/6/2023	PSNH	10/1/2012
Marilyn Dering	9/7/2023	Northeast Utilities	5/1/1986
Robert Lienhart	9/8/2023	PSNH	2/1/2000
Stanley Sowle	9/10/2023	PSNH	4/1/2010
Marie Keiper	9/11/2023	CL&P	7/10/1976
Mark Ballou	9/11/2023	CL&P	8/1/2003
Raymond Hendrickson	9/13/2023	Northeast Utilities	12/1/1995
Paul McMillan	9/15/2023	CL&P	5/1/2019
Debra Peake	9/21/2023	Eversource	6/1/2019
Frederick Laclair	9/29/2023	CL&P	8/1/2014
Stephen Smith	10/4/2023	CL&P	1/1/1995
Ellsworth Whiting	10/6/2023	CL&P	4/1/1977
Robert Paterno	10/9/2023	Northeast Utilities	11/1/1993
Joseph Teodosio	10/11/2023	Yankee Gas	2/29/1996
David Smith	10/21/2023	PSNH	12/1/1994
Raymond Normand	10/22/2023	CL&P	4/1/2004
Margaret Towle	10/26/2023	PSNH	11/1/1993
Charlotte Fletcher	10/27/2023	CL&P	3/1/1995
Albert Muratore	10/27/2023	Northeast Utilities	11/1/1995
John Godkin	10/27/2023	CL&P	2/1/2002
Lupe Correa	11/3/2023	CL&P	3/1/2008
Robert Prouty	11/3/2023	WMECO	2/1/2021
Paul Czarnecki	11/4/2023	CL&P	4/1/2004
Thomas Fortier	11/6/2023	PSNH	3/1/2001
Francis Goodell	11/7/2023	WMECO	7/1/2000
Gail Dileonardo	11/9/2023	Northeast Utilities	2/1/2011
Raymond Ramsey	11/15/2023	CL&P	2/1/2005
Joseph Dijoseph	11/16/2023	CL&P	1/1/1994

<u>Name</u>	Date of Death	<u>Company</u>	
Alice Lamontagne	11/16/2023	Eversource	
Miles Cochran	11/20/2023	Northeast Utilities	
Anna Clemens	12/5/2023	CL&P	



Retirement Date 2/1/2022 11/1/1995 2/1/1990