

The A-RE-NEWS

Newsletter of the Association of
Retirees of Eversource and
Northeast Utilities (ARENU)
PO Box 270 Hartford CT 06141-0270

DECEMBER 2021

Volume 32 No. 4

From the CT Chapter President

Dear Fellow ARENU Members:

A note from Karoll Wiater, ARENU CT Chapter President

Age is an issue of mind over matter. If you don't mind, it doesn't matter. -Mark Twain

Your health:

What do we have to look forward to in the next six weeks? Food!! I'm just waiting to see what my daughter will make for our holiday tables this year. Here's the poppy seed bread she made last year. So my expectations for a cake rivaling The Cake Boss is not unrealistic.



But on the serious side, we have been so focused on Covid that we are tending not to **be mindful of other serious medical events to watch out for.**

HEART ATTACK WARNING SIGNS: Some heart attacks are sudden and intense, but most of them start slowly, with mild pain or discomfort. Here are signs that can mean a heart attack is happening.

- **Chest discomfort.** Most heart attacks involve discomfort in the center of the chest that lasts more than a few minutes, or that goes away and comes back. It can feel like uncomfortable pressure, squeezing, fullness or pain.

- **Discomfort in other areas of the upper body.** Symptoms can include pain or discomfort in one or both arms, the back, neck, jaw, or stomach.
- **Shortness of breath.** This feeling often comes along with chest discomfort. But it can also occur without chest discomfort.
- **Other signs.** May include breaking out in a cold sweat, nausea, or lightheadedness.

If you or someone you're with has one or more of these signs, call 9-1-1 immediately. Get to the hospital right away.

If you are the one having the symptoms, and you can't access the EMS, have someone drive you to the hospital right away. Don't drive yourself, unless you have absolutely no other option.

For more information, go online at www.heart.org. Or call 1-800-242-8721, the American Heart Association.

STROKE WARNING SIGNS: A stroke is a medical emergency. Every second counts, because time lost is brain lost! Know these stroke warning signs and share them with others.

- Sudden numbness or weakness of the face, arm or leg, especially on one side of the body.
- Sudden confusion, trouble speaking, or understanding.
- Sudden trouble seeing in one or both eyes.
- Sudden trouble walking, dizziness, loss of balance or coordination.
- Sudden, severe headache with no known cause.

If you or someone with you has one or more of these signs, don't delay! Call 9-1-1 immediately! Check the time so you will know when the first symptoms appeared. It's important to take immediate action. If given within three hours of the start of symptoms, a clot-busting drug can reduce long-term disability for the most common type of stroke.



(President's letter continued on Page 2)

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(President's Letter continued from page 1)

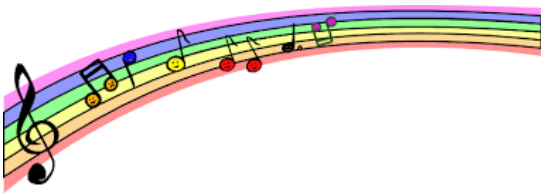
Be careful of Covid!!! Lately several of my friends and family are contracting this nasty virus even though they maintain good practices. It's so good to see our family who have traveled from far and wide to come and visit. Let's remember to elbow bump instead of the hugs that we really want to give them. **Be safe!!**

Arts in Hartford

The Arts and live events are emerging in the greater region around our Capitol in Connecticut. It's a pleasure to go out and see the Broadway shows or the orchestras in the area perform again, or even to the movies. For those whose love the opera, watch for events by the Connecticut Lyric Opera who produce great performances.

To go back to my roots, there is a very enthusiastic and profound Christmas performance by the Connecticut Virtuosi:

Connecticut Virtuosi & Lyric Opera - on Friday, December 17, 2021, at 7:00 p.m. a concert with Moniuszko and Polish Christmas Carols. Get tickets: <https://thevirtuosi.ticketleap.com/>



Curtain Call

Your weekly virtual arts roundup - the arts venues are returning!

<https://content.email.bushnell.org/vo/?FileID=b2643884-c6b4-4c7a-b99f-c3e4b1d00f70&m=99a9c57f-7ac3-44cb-9577-f0d2cf375015&MailID=3295019&listid=1005039&RecipeID=6934663341>

See what is happening in

- **Broadway News** - news, entertainment and more from Broadway and beyond.
- **Arts in Hartford** - live events and engaging content from our neighbors.
- **At the Bushnell** - news, events and upcoming shows at the Bushnell.
-

As you can tell from this blurb and previous newsletters, I find great joy in going to cultural events. As I think back, I guess it comes from my father who was a violinist/fiddler and used to entertain the family and neighbors at our picnics

and family events. We lost him at an early age but he gave me the great gift of music which I am truly thankful for. (There's my Thanksgiving note. Be thankful it's a short note.)

ARENU OFFICERS ELECTION

It's that time again when we elect new officers for the group.

The two-year period for the current officers is ending. Anyone interested in performing any of the offices below, let me know so that we can vote on this at our next meeting:

- President
- Vice President
- Treasurer (Currently filled for one more year)
- Secretary

We definitely need people to volunteer for these officer positions. The current officers have been doing them over five years and that's due to Covid. So please look at the ARENU website to see descriptions of the positions if you are interested and volunteer if you can fill a position.

"Be thankful for what you have, you end up having more. If you concentrate on what you don't have, you will never, ever have enough." -Oprah Winfrey. (There's Oprah's thought on thankful, I never said that mine was all you were going to get.)

As we enter the holiday season, practicing gratitude is great for your brain, your relationships, and your finances. There are many benefits to practicing gratitude, including living more mindfully and improving your overall well-being.

I wish you and your families a very, very safe and healthy holiday season!

ARENU Member Contact Information

Send email changes to Karoll Wiater at Karollw@yahoo.com

Sincerely,

Karoll Wiater



ARENU COORDINATED TRIPS

From Anne Kaiser, Coordinator

Tours for 2022 have been planned and highlights are shown below. I am hoping that by June 2022 we will have Covid-19 behind us and we will be able to travel with fewer concerns. **For further information and reservation forms visit <http://arenu.org>. or contact me at Annemkaiser@yahoo.com.**

Adirondack Adventure - June 6 - 8, 2022

Highlights include a visit to [Lake Placid](#) and the Ausable Chasm and a [cruise along Lake Champlain](#).

The Canadian Rockies - June 14 - 20, 2022

Highlights include a visit to Vancouver, Jasper and Banuff and a [train ride through the Rocky Mountains](#).

Providence Italian Style - July 12, 2022

Enjoy a historical hill tour, a lunch and [a gondola ride](#).

Long Island & the Hamptons - August 8 - 9, 2022

Visit Old Westbury Gardens, tour [the Hamptons and Montauk Point](#).

Oberammergau, Bavaria & Austria - September 2 -11, 2022

Enjoy the Oberammergau Passion Play, tour Nuremburg, Munich, Dachau, Bavaria and Salzburg and visit Linderhof Palace.

Exploring our Past - September 14, 2022

[Cruise along the Hudson](#), choose wine tasting or a visit to the National Purple Heart Hall of Honor.

Pleasures of Portugal - October 4 - 12, 2022

Highlights include visits to Fatima, Lisbon, Porto, the Douro River Valley, Sintra, Roca Cape, Oidos, and Coimbra

Sounds of the 60's - October 4, 2022

Experience [the history of the 60's and Woodstock Festival](#) at the Museum at Bethel Woods, the Catskill Distilling Company, and Stray Cat Gallery.



OBITUARIES



Our sympathy to the family and friends of those listed below.

| Name | Date Retired | Date Deceased | Company | Location |
|-----------------------------------|--------------|---------------|---------------------|----------------|
| Harold Chandler | 11/1/1993 | 6/26/2021 | PSNH/Eversource | Berlin |
| Roger T. Bajumpaa | 3/1/2004 | 10/15/2021 | CL&P | Berlin |
| Sylvia C. Hawes | 8/1/1982 | 11/5/2021 | Eversource | Berlin |
| Nelson C. Goodwin | 11/1/1993 | 10/30/2021 | PSNH/Eversource | Berlin |
| Theodore M. Peterson, Jr. | 6/1/2004 | 7/19/2021 | CL&P | Berlin |
| Stephen G. Cobb | 5/1/2004 | 9/9/2021 | CL&P | Berlin |
| John Kardash Jr. | 6/1/2006 | 9/29/2021 | PSNH/Eversource | Berlin |
| John H. Belliveau | 7/1/1988 | 9/10/2021 | CL&P | Berlin |
| Robert E. Hansen | 3/1/1988 | 8/9/2021 | CL&P | Berlin |
| Danny Ward | 2/1/2008 | 9/2/2021 | CL&P | Berlin |
| Samuel L. Fiorentino ¹ | 2/1/1978 | 9/12/2021 | WMECO | Berlin |
| Paul A. Bellerose (revised) | 2/1/2003 | 6/28/2021 | YG | Berlin |
| Randy A. Rudolph | 2/22/1988 | 6/26/2015 | PSNH/Eversource | NH-Gosling Rd. |
| John W. Hofmann | 1/1/1995 | 5/6/2021 | CL&P | Berlin |
| Calvin H. Stewart | 7/1/1997 | 8/6/1997 | Eversource | Berlin |
| Frank C. Hayward | 3/1/2004 | 12/27/2020 | YG | Berlin |
| Priscilla F. Dyson | 1/1/1994 | 7/31/2021 | CL&P | Berlin |
| Giorgio Ottaviani | 12/21/1991 | 10/13/2021 | Northeast Utilities | Berlin |
| Richard D. Johnston | 2/1/2000 | 10/29/2021 | CL&P | Berlin |
| Daniel T. Whelton | 10/1/2001 | 10/27/2001 | PSNH/Eversource | NH-Manchester |
| Louis Bizarro | 11/1/1993 | 10/25/2021 | CL&P | Berlin |
| Guido J. Sebben | 7/1/1989 | 10/21/2021 | CL&P | Berlin |
| Henry T. Golet | 11/1/1993 | 10/15/2021 | CL&P | Berlin |
| Joseph N. Dominakus | 11/1/2002 | 9/19/2021 | CL&P | Berlin |
| Arthur F. Brooks | 2/1/1994 | 10/10/2020 | YG | Berlin |
| Madhu P. Shah | 4/1/2007 | 10/18/2021 | Eversource | Berlin |
| Thomas S. Ciarlo | 3/1/1987 | 10/6/2021 | CL&P | Berlin |
| Edward J. Pudim, Jr. | 2/1/2004 | 10/3/2021 | CL&P | Berlin |
| Marilyn S. Morgan | 2/1/2019 | 10/10/2021 | Eversource | NH-Manchester |
| Ronald G. Macintyre, Jr. | 11/1/1993 | 8/14/2021 | CL&P | Berlin |
| Lawrence G. Peloquin | 7/1/1988 | 9/19/2021 | CL&P | Berlin |
| Frank M. Hendricks | 10/1/1989 | 8/13/2021 | Eversource | Berlin |
| Charles P. Brooks | 4/2/1988 | 9/13/2021 | PSNH/Eversource | Berlin |
| Lynn M. Loveland | 1/1/2013 | 9/22/2021 | Eversource | Berlin |

¹ Over 40 years of retirement !



OBITUARIES



Our sympathy to the family and friends of those listed below.

| Name | Date Retired | Date Deceased | Company | Location |
|--------------------------|--------------|---------------|---------------------|-------------|
| Christopher Ayala | 3/1/2015 | 9/26/2021 | CL&P | Berlin |
| Emmons S. Ellis | 1/1/1992 | 10/26/2017 | Eversource | Berlin |
| William E. Phillips | 6/1/1998 | 8/1/2021 | CL&P | Berlin |
| Donald F. Poland | 2/1/1987 | 7/21/2020 | CL&P | Berlin |
| Edward A. Glod | 8/1/1988 | 9/4/2021 | WMECO | Berlin |
| Conrad G. Collins | 5/1/1990 | 9/10/2021 | CL&P | Berlin |
| Carl P. Cumming | 6/1/1997 | 8/16/2021 | Eversource | Berlin |
| Robert H. Hawkins | 11/1/1993 | 7/2/2021 | CL&P | Berlin |
| Hartwell C. Self | 4/1/1994 | 8/18/2021 | CL&P | Berlin |
| Wentworth P. Lawrence | 12/31/1991 | 9/3/2021 | Northeast Utilities | Berlin |
| Herbert W. Peterson | 5/1/1984 | 9/1/2021 | CL&P | Berlin |
| Carmen Kearney | 11/1/2007 | 10/13/2021 | PSNH/Eversource | Berlin |
| Joan E. Noonan | 12/1/1996 | 10/13/2021 | Eversource | Berlin |
| Theodore V. Tata | 11/1/1993 | 10/6/2021 | CL&P | Berlin |
| John J. Carroll | 1/1/1994 | 10/13/2021 | CL&P | Berlin |
| Richard F. Burnham | 11/1/1993 | 6/19/2021 | CL&P | Berlin |
| Bruce A. Tuthill | 4/1/1001 | 8/29/2021 | Eversource | Berlin |
| Charles H. Fletcher, Jr. | 5/1/2001 | 10/4/2021 | PSNH/Eversource | Berlin |
| Carl Boutwell | 2/1/2004 | 9/24/2021 | PSNH/Eversource | Berlin |
| Robert C. Drew | 1/2/1992 | 9/2/2021 | PSNH/Eversource | Berlin |
| Binnie Davis | 2/1/2006 | 9/19/2021 | CL&P | Berlin |
| Maurice Paquette | 2/1/1984 | 8/5/2021 | CL&P | Berlin |
| Vincent Aprea | 8/1/1991 | 9/9/2021 | CL&P | Berlin |
| Rosemary Franzaroli | 9/1/1994 | 8/19/2021 | NStar/Eversource | MA-Westwood |
| Edward Gardner | 11/1/1993 | 12/7/2020 | Eversource | Berlin |
| Lillian M. Baba | 12/30/1991 | 10/30/2021 | Eversource | Berlin |
| Robert J. Graveline | 11/1/1993 | 11/10/2021 | Eversource | Berlin |
| Paul T. Grant | 2/1/2000 | 6/24/2021 | CL&P | Berlin |
| John T. Thorpe, Sr. | 6/1/2011 | 6/7/2021 | WMECO | Berlin |
| Thomas W. Murphy | 9/1/1989 | 5/25/2021 | Eversource | Berlin |
| Robert J. Grady, Jr. | 1/1/2009 | 6/9/2021 | CL&P | Berlin |
| Joseph D. Casey | 4/2/2001 | 4/20/2021 | Eversource | Berlin |
| Lloyd J. Duggan, Jr. | 8/1/2015 | 4/27/2021 | YG | Berlin |
| Linda A. Maher | 11/1/2010 | 11/17/2021 | Eversource | Berlin |

Holiday Luncheon A Successful Event !

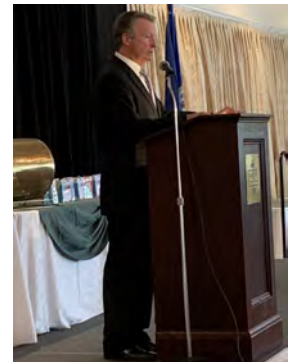
The Aqua Turf was dressed in its finest holiday attire and made our meeting room into a very festive state. The attendees were energetic and eager to catch up with their fellow co-workers and friends, the food was plentiful and delicious, and the Attorney Len Boyle was a very knowledgeable and interesting speaker.

Needless to say, the first event that we were able to hold in person after two long years of Online Meetings was a great success! Following are several pictures from the luncheon.

John Peterson, Gail Perkins and Alice Kelly prepare to greet the attendees.



Atty. Boyle sharing his experience of the Whitey Bulger case.



Mike Wiater and Helen Wong are ready for selling the 50/50 raffle tickets.



A few tables with our attendees dressed in their holiday colors of red and green.



Atty. Len Boyle, Tony Spinelli and Alice Kelly enjoy some local political conversation.



(continued on next page)

Holiday Luncheon - continued

Karoll Wiater offering Atty. Boyle a token gift for our gratitude.



We did discuss the fact that it is time for the election of certain ARENU officers. These include:

- President
- Vice President
- Treasurer
- Secretary

Please consider the offices and if you would be able to fill the position. Descriptions are on the ARENU website if you would like a more in-depth description. We have one candidate for Treasurer - Steve Hussey. Please send any candidates to Karollw@yahoo.com.