

## From the CT Chapter President

### **Dear Connecticut Chapter Members:**

#### ***A note from Karoll Wiater, ARENU CT Chapter President:***

I hope everyone is Healthy, Staying Safe, and Staying Home. This is a difficult and dangerous time in our lives. Luckily, we are retired and are able to limit the trips we make outside the home to facilities that may bring us in contact with the COVID-19 virus. Please be wise in all that you do!

Unfortunately, we are going to have an impact to our Spring programs due to the COVID-19 Pandemic. The April 15<sup>th</sup> event, “Why is it Right to Pledge Allegiance to America“ by John White, is postponed indefinitely. We will look for a future date to hold this program which may be later in the fall or in 2021.

We will also continue to evaluate the date for the May 20<sup>th</sup> event, “Eat Your Vitamins, Finding them in Food and Supplements”, by Kyla Shea, PD. Currently, Governor Lamont has not issued an edict which affects our May event, but we will be sure to advise you of any program changes if necessary. This also applies to our June 17<sup>th</sup> event, “The Happiness Club”, by Audrey Carlson.

Just a reminder that we ended our 2019 program with a wonderful Holiday Luncheon with Susan Saint James as our guest speaker, shown below with Shirley Rastallis, Andy Rastallis’s wife. Good times will come again!



### 2020 Guided Tours

Travel in the country and outside of the country in the near-term is also impacted by COVID-19. Many countries are having travelers quarantine for 14 days on arrival and then the U.S. is having those travelers quarantine for 14 days when returning back to the U.S.. Thus, a two-week trip may ultimately last six weeks or more including the quarantines.

Please call Anne Kaiser at [860-635-2968](tel:860-635-2968) if you have any questions regarding a trip you have booked in the near future.

### Staying Fit

Silver Sneakers members can take advantage of live video streaming exercise classes. For those of you who can use these classes, go to



[facebook.com/silversneakers](https://www.facebook.com/silversneakers). This is one way to help you fight the virus. The Facebook Live class will be pinned to the top of the SilverSneakers Facebook page anytime they’re live, so anyone who gets lost can find it there. If you’re at [www.facebook.com/silversneakers](https://www.facebook.com/silversneakers) during a Facebook Live class, you can’t miss it. And while you’re there, be sure to “like” their Facebook page to let Facebook know you want updates on videos, articles, and more that is shared online.

Oh, and one last thing: All past SilverSneakers Live videos are available anytime on the SilverSneakers Facebook Video Page. It’s loaded with videos to help you keep active when you’re on the go or at home. They have over 200 classes to help you find one that works for you.

### 2020 ARENU Golf Tournament

Hi, I am Charlie Epp. I have some good news and some bad news. The **good news** is that I am taking over running the ARENU Tournament from Rich Greene., so the golf tournament will continue on. The **bad news** is the Coronavirus. At this time, I do not know if we will be able to have the tournament. In the beginning of May, I will make a decision. Until then, let’s just hope for better news on the Corona front. And remember, the tentative date is the last Thursday of July which is July 30, 2020.



# OBITUARIES

*Our sympathy to the family and friends of those listed below.*

*(For your information, we are now providing the company subsidiary associated with the retiree when it is available.)*

<u>NAME</u>	<u>DATE OF DEATH</u>	<u>RETIREMENT DATE</u>	<u>COMPANY</u>
Ademor P. Sternberg	12/29/2019	1/1/1990	CT Berlin
Ralph N. Roberge	12/29/2019	11/1/1993	CT Berlin
Dorothy C. Newhart	1/19/2020	11/1/2004	CT Berlin
Michael F. Mandes, Jr.	1/26/2020	3/1/2019	CT Berlin
Donald E. Gelbar	1/19/2020	11/1/1982	CT Berlin
Alexander Jeffko, Jr.	1/21/2020	11/1/1992	CT Berlin YG
Jacqueline H. Tapken	1/3/2020	11/1/1983	CT Berlin
Robert G. McQuarrie	1/29/2020	7/1/1991	CT Berlin
Harry D. Brennan	1/12/2020	9/1/2017	CT Newtown
Edward R. Lezzotte	1/5/2020	10/5/1995	CT Berlin
Daniel A. Socha	2/1/2020	1/1/2016	CT Newington
Linda E. Bireley	11/8/2019	2/1/01	CT Berlin
Phillip M. Worster	2/13/2020	7/2/82	CT Berlin
Bernard J. Lukosevage	2/7/2020	2/1/2000	CT Berlin
Michael F. Giblin	2/2/2020	5/1/2000	CT Berlin
Raymond P. Cote	2/27 /2020	2/1/2000	CT Berlin
Raymond H. Russenberger	3/9/2020	12/1/1992	CT Berlin
Charles R. King	3/12/2019	7/1/1989	CT Berlin
Richard E. Royle	6/18/2019	6/1/1998	CT Berlin
Lee A. Fulton	3/14/2020	4/1/2006	CT Berlin
Richard H.. Klebert	3/17/2020	1/1/1995	CT Berlin
George E. Thomson	3/4/2020	6/1/1989	CT Berlin
Rosemary Boccoardo	2/14/2020	11/1/1993	CT Berlin

