

# The A-RE-NEWS

Newsletter of the Association of Retirees of Eversource and Northeast Utilities (ARENU)  
PO Box 270 Hartford CT 06141-0270

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## From the CT Chapter President

### Dear Connecticut Chapter Members:

*A note from Karoll Wiater, ARENU CT Chapter President:*

With the approach of holidays, stress for everyone getting things done in time may cause tempers to flare up. Let's try to avoid situations where possible. As younger people believe that we retirees have all the time in the world to get our things accomplished and that we shouldn't be out on the roads or in the stores when they are, remember we can go out from 12:00 midnight to 8:00 a.m. and then come home and sleep. Be careful on the roads and in parking lots where many accidents tend to occur as everyone else is in a bigger hurry than we typically are. I wish you all Happy Holidays and a Very Happy and Healthy New Year.

### WMECO ARENU Chapter Splits Off

WMECo members decided to split off from the CT Chapter and become a separate entity. It was becoming difficult for them to manage their finances with no easy access to the Dutch Point Credit Union. Now as a separate group, they will be able to conduct their business as needed for their events. We will maintain contact with them for any information that needs to be shared amongst the members.

### Retiree News

Just to remind you that we are not long from the seasons where we will be partaking in comfortable seasonal activities. Below is a picture of Helen Wong as she enjoys her backyard. Helen kayaks several times a week on Long Island Sound during kayaking season where the waters give kayakers an interesting adventure each time you go out on the water. You are likely to see different shore birds which are always searching for their food, schools of fish swim



around the kayaks when in season and, if you are really lucky, you will see one of the local eagles or osprey that are nesting in the area. My favorite bird is the oyster catcher.

### Past Fall Meeting Happenings

**September 18 - Larry Gareau, Professor at Central CT State University** – teaches the history of jazz and rock and roll at Central Connecticut State University. He discussed the great musicians from the world of jazz and early rock and roll.



**October 16 – Brad Field, Retired NBC 30 Meteorologist.** “Looking Ahead to the Winter of 2019-2020”. Brad gave the meeting attendees a very interesting overview of his life story and a great overview of weather predicting and weather forecasting.



### December 4 – Christmas Luncheon

We held our Christmas luncheon with tremendous success. The members of the group seemed to have a wonderful time catching up with friends and past co-workers. Ms. Susan Saint James, our guest speaker, gave a very interesting and amusing speech of her life story and acting career. Susan proved to be as engaging and charming in person while having her picture taken with members of our group or while giving her speech.

We would like to give kudos to **Tony Spinelli** for getting Susan as a speaker. Other members that helped in the very successful Holiday Luncheon that we'd like to extend our thanks to include:

- **Peter Sullivan** -- Collecting checks and tracking names
- **Alice Kelly** -- Preparing name tags
- **Linda Maher, Cathy Lavoie and Johanna Kerr** -- Reception Committee
- **Helen Wong and Mike Wiater** -- 50/50 Raffle
- **George Millerd** -- Correspondence

Some entertaining pictures from the Luncheon are on the last page of this newsletter.

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## ARENU CHAPTER NEWS

### UPCOMING MEETINGS

**Please mark your calendars with the following dates of our 2020 monthly meetings which begin at 10:00 a.m. in the Eversource Berlin Cafeteria Conference Room.** Remember to be a little early for the meeting as the parking is not always convenient and the handicap spaces are at a premium.

**April 15, 2020, Wednesday at 10:00 a.m. in Café Conference Room, Berlin**

**John White, “Why is it Right to Pledge Allegiance to America”.** John is an NU Retiree. He worked in Corporate Communications as editor of the quarterly shareholder newsletter and as a speech writer for NU executives.



**May 20, 2020, Wednesday at 10:00 a.m. in Café Conference Room, Berlin**

**Kyla Shea, PD, “Eat Your Vitamins: Finding Them in Food and Supplements”.**

Kyla, the former NU/Eversource Fitness Center Manager, will provide an overview of the functions and sources of common vitamins and the importance of food and supplements in meeting our dietary needs. Kyla is a scientist of the USDA Human Nutrition Research Center on Aging at Tufts University. She is also an Associate Professor at the Friedman School of Nutrition Science and Policy at Tufts.



**June 17, 2020, Wednesday, at 10:00 a.m. in Café Conference Room, Berlin**

**Audrey Carlson, “The Happiness Club”.**

Audrey will offer strategies for improving your outlook and suggest ways that we can become happier people.

**September 16, 2020, Wednesday, at 10:00 a.m. in Café Conference Room, Berlin**

**Kevin Manning, M.D.**

Dr. Manning, a Neuropsychologist at the UConn Center on Aging, will discuss video games and how they can improve cognitive functioning in warding off dementia and overcoming depression.



**October 23, 2020, Wednesday, at 10:00 a.m. in Café Conference Room, Berlin**

**Margery Winters, “Beyond Bird Feeders”.**

Learn what you can plant in your yard while also promoting biodiversity. Margery is the Assistant Director of the Roaring Brook Nature Center and a Master Landscape Design Consultant. She was previously an environmental scientist with the Argonne National Laboratory in Chicago.

**December 2, 2020, Wednesday, HOLIDAY LUNCHEON, at the AQUA TURF, ‘GLASS PAVILLION ROOM’**

*(same banquet room as 2019)*

Tony Spinelli is our Vice President and in charge of getting speakers for our monthly meetings. Tony has speakers for the 2020 season but would still take names of speakers for the Holiday Luncheon. Thank you for your suggestions and please continue to email Tony at [antoniospinelli@sbcglobal.net](mailto:antoniospinelli@sbcglobal.net) with any other recommendations you may have.



### ARENU COORDINATED TRIPS FOR 2020

Everyone really enjoyed the tranquility of Mackinac Island during our recent trip to the Island. Since there are no cars on the Island, the tour of the Island was viewed by horse and carriage. The home-made fudge was also a big hit. Pictured below from left to right are Sylvia & Bill Stevens, Jan & Doug Coates, Valerie & Richard Traumer and Anne & Ray Kaiser. The Mackinac Island, Back in Time trip was enjoyed by all!



See the list on the next page for trips currently planned for 2020, Visit [www.arenu.org](http://www.arenu.org). or contact our travel coordinator, Anne Kaiser, at [annemkaiser@yahoo.com](mailto:annemkaiser@yahoo.com).

### ARENU Member Contact Information

Send email changes to Karoll Wiater at [Karollw@yahoo.com](mailto:Karollw@yahoo.com).

Sincerely,

*Karol Wiater*



## ARENU CHAPTER NEWS

### News from Anne Kaiser, ARENU Trip Coordinator

Dear Fellow ARENU Members,

Now is the time to start planning travel for 2020. Many wonderful ARENU options have been developed for you to choose from. In addition, you can also choose any trips offered by Tours of Distinction.

Do you have people you like to travel with? No worry, they can take any trip offered by ARENU. A person does not have to be an ARENU member to travel with us.

Also remember, if you take three day trips, you can get a free day trip or \$100 off your next multi-day tour (restrictions apply).

Please be sure to contact me with any interest you may have.

#### Current ARENU trips planned include:

**February 2 - 16, 2020** -- Bliss to Beaches -- ports include Port Canaveral, Great Stirrup Cay, Cozumel, Costa Maya, Harvest Caye, Roatan, Grand Cayman, Ocho Rios. Please note, at this time, only Balcony staterooms are available.

**May 29 - 31, 2020** -- 1000 Islands - tour Singer Castle, cruise the Erie Canal, and visit Heart Island.

**June 16, 2020** -- Providence Italian Style -- enjoy a behind-the-scenes tour of Historical Federal Hill, lunch at Trattoria Zooma and a Venetian Gondala ride.

**July 7-15, 2020** -- Cruising the Seine to Normandy -- ports include Paris, La Roche-Guyon Poissy, Rouen, Duclair, Honfleur and Normandy.

**August 25, 2020** -- Shaker for a day. Visit the Hancock Shaker Village and be treated to a Shaker Music Program, lunch, guided tour and a cider and cheese reception.

**September 5-10, 2020** -- Southern Belles & Gentlemen -- enjoy a "Gone with the Wind" Tour, tour Biltmore Estate, Battle of Chattanooga Guided Tour, Southern Belle Cruise, visit Rock City Gardens, Chickamauga Chattanooga National Military Park and more.

**September 15-17, 2020** -- Lancaster in Style -- includes a visit to the Appalachian Brewing Company, a paint party with wine & cheese, a visit to Kitchen Kettle Village, Mount Hope Estate and Winery and a performance of "Queen Esther" at the Sight & Sound Theatre.

**September 16, 2020** -- New York Botanical Gardens - Today starts with a visit to 'Little Italy' and Arthur Avenue, lunch at Ann & Tony's Restaurant, and a visit New York Botanical Gardens, where you can explore over 50 diverse gardens and plant collections that are located throughout the 250 acres. See exhibits that stay in place throughout the year, as well as those that are brought in for a specific season.

**October 6, 2020** -- Sounds of the 60's - - Explore the Bethel Woods Center for the Arts Museum which provides film, music, artifacts, narratives and displays that tell the story of the sixties and the Woodstock Festival, enjoy lunch at the Dancing Cat Saloon, a tour and tasting at the Catskill Distilling Company and a visit to the Stray Cat Gallery.

For additional information, visit [www.arenu.org](http://www.arenu.org).

Your travel coordinator,

*Anne Kaiser*  
annemkaiser@yahoo.com



# OBITUARIES

*Our sympathy to the family and friends of those listed below.*

*(For your information, we are now providing the company subsidiary associated with the retiree when it is available.)*

<u>Name</u>	<u>Date of Death</u>	<u>Company</u>	<u>Retirement Date</u>
John J. Heg	9/18/2019	NU	04/01/1993
David C. Hanlon	8/20/2019	PSNH	01/31/2005
William J. Klemish	09/11/2019	CL&P	06/01/1998
Margaret A. O'Doherty	4/4/2019	NU	12/01/1992
Francis G. McCauley	10/18/2018		
G. Marguerite Young	04/25/2019	NU	07/01/1986
Jimmy D. Molkenthin	09/10/2019	NU	02/01/2001
Daniel Appleton	07/17/2019	WMECO	07/01/2011
Theodore A. Progulske	01/20/2019	CT-Berlin	
Judith M. Slusar	5/1/2018	CT-Berlin	
Lawrence W. Kent	11/14/2019	CT-Berlin/PSNH	
Anthony J. Fonuto	11/17/2019	MA-East Springfield	
Harold E. Hoskins	11/13/2019	CT-Berlin	
Llewis T. Crosse	10/14/2019	CT-Berlin	
Norman T. Landry	11/18/2019	CT-Berlin	
Normand A. Bellerose	10/14/2019	CT-Berlin	
Robert B. Beaudet	09/28/2019	CT-Berlin/PSNH	
Richard E. Augustus, Jr.	09/27/2019	CT-Berlin	
David J. Lindsay	10/17/2019	CT-Berlin	
John L. Lotko	10/23/2019	CT-Berlin	
Thomas J. Daversa	10/17/2019	CT-Berlin	
Robert S. Goldstein	08/25/2019	CT-Berlin	
Martin A. Jajer	08/06/2019	CT-Berlin	
Ronald J. Thornhill	08/22/2019	CT-Stamford	
James C. Brickett	09/29/2019	CT-Berlin	
James T. Smith	10/13/2019	CT-Berlin	
Alfred E. Fleury	09/29/2019	CT-Berlin	
Robert E. Ley	10/02/2019	CT-Berlin	
Joan R. Mals	09/15/2019	CT-Berlin	
Martin P. Turmelle	10/07/2019	CT-Berlin	
Carolyn A. Chick	06/29/2019	CT-Berlin	
Ralph T. Carlson	09/10/2019	CT-Berlin	
Harold E. Hanson	10/6/2019	CT-Berlin	
Edward P. Danek	09/09/2019	CT-Berlin	
Eleanor Grib	09/15/2019	CT-Berlin	
Timothy M. Hickey	09/13/2019	NH-Portsmouth	
Mario V. Bonaca	09/13/2019	CT-Berlin	
Linda A. Davis	10/8/2019	CT-Berlin	
Bailey L. Brennan	10/22/2019	CT-Berlin	
Patrick A. Mastrolillo	11/6/2019	CT-Berlin	
Fred D. Schiavi	11/6/2019	CT-Berlin	
Lawrence L. Pickering	09/02/2019	CT-Berlin	
George Kretock	04/12/2019	CT-Berlin	
William Kahler	08/18/2019	CT-Berlin	
Keith C. Gilman	11/4/2019	CT-Berlin	
Howard P. Carstens	11/11/2019	CT-Berlin	
Gerald F. Bouchard	12/07/2019	CT-Berlin	06/01/1989
Antonio Costa	11/25/2019	CT-Berlin	08/01/1989
Dina R. Barry	12/10/2019	CT-Berlin	10/01/1989
Paul S. Melluzzo	12/14/2019	CT-Berlin	04/01/2004



# ARENU CHAPTER NEWS

## Photos from ARENU Holiday Luncheon, December 2019

